

# OUTDOORS TEAM BUILDING FOR

## Active Organizations and teams



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# STEP OUT!

Embrace refreshing, new outdoors adventures as your next teambuilding program! Join us as we journey into the heart of Catalonia's breathtaking landscapes, guided by seasoned professionals who turn nature into your playground.

Choosing outdoor team building in nature offers a transformative alternative to traditional indoor activities. Nature provides a playful and immersive setting that stimulates creativity, fosters collaboration, and rejuvenates the spirit. Unlike the confines of a meeting room, outdoor environments offer boundless space for exploration and discovery, encouraging teams to break free from routine and gain a fresh perspective.

These activities take place over the course of a **single working day** or **several days** and we designed them to be accessible to individuals of all fitness levels, ensuring that everyone can participate without difficulty while still experiencing a sense of challenge and achievement.

*"Escape the routine and breathe in the fresh air while spending quality time with colleagues and friends"*



# ACTIVITIES

## SCENIC HIKING TRAIL

A captivating hiking journey that unveils stunning vistas of one of the Natural Parks of Catalonia. While not technically demanding, the trail introduces participants to gentle climbs and ridges, providing ample opportunities to soak in the beauty of nature. A great option for all.

## WILD CAMPING HIKING TRAIL

Embark on an unforgettable adventure on a light, two day hike spending the night outdoors where your team will learn about living outdoors, building their shelter and will cook together. It's a million-star hotel experience that promises to awaken your senses, ignite your spirit and leave you with memories to last a lifetime.

## ORIENTEERING CHALLENGE

Using maps and compasses teams race against time to find checkpoints, and solve entertaining problems fostering teamwork and strategy amidst breathtaking landscapes.

## VIA FERRATA

A scenic journey amidst the picturesque rocky landscapes. Navigating canals and traverse rock faces with ease with secure harnesses and expert guidance, this adventure offers an accessible way to explore the beauty of the region.

## DRY RAVINE CANYONING

You'll navigate rugged terrain, explore narrow gorges, and traverse rocky landscapes sculpted by nature's forces. With no flowing water, this unique experience offers thrilling challenges such as walking over dry riverbeds, abseiling with ropes over natural rock formations.

## INTRODUCTORY ROCK CLIMBING ADVENTURE

First-time rock climbing experience, where with tailored instruction and top-quality safety equipment, beginners will feel confident as they learn the ropes and scale beginner-friendly routes against the stunning backdrop of Catalonia's natural beauty.

## AQUATIC TREKKING OR CANYONING

Traverse crystal-clear streams, navigate through scenic riverbeds, and discover hidden waterfalls and pools along the way. With expert guides leading the way and providing all necessary equipment, including wetsuits and safety gear, participants of all levels can enjoy this unique combination of hiking and water exploration.





# WHAT WE OFFER

## PROFESSIONALS

Experienced and certified guides with full Civil Responsibility insurance who ensure safety and support throughout your adventure. State-of-the-art equipment and facilities guarantee a seamless and enjoyable experience.

## BEYOND GUIDING

We bring a wealth of experience from working extensively within the international NGO sector. With a deep understanding of international organizational dynamics, we are adept at navigating diverse teams and fostering collaboration. We have experience in facilitating adventure experiences for personal and team growth.

## STUNNING NATURE

Our love for nature pushes us to discover the most scenic spots in the region. Each activity offers a gateway to explore the region's diverse terrain and rich biodiversity. Embrace the opportunity to connect with nature and gain a deeper appreciation for the beauty that surrounds you.

## TAILORED TO YOUR NEEDS

Our outdoor adventures serve as a catalyst for fostering unique team dynamics, strong interpersonal relationships, effective communication, and trust among team members. Our team can work closely with you to customise the experience according to your specific preferences and your team members' needs. Whether you're seeking to strengthen team cohesion, or simply unwind amidst nature's splendour, we'll craft a program that will match your needs.



# BEYOND ADVENTURE

Arranging a team building day can be a lot of hassle. Let us take care of all the details. We offer organization of your transfers and catering so you can fully focus on enjoying the experience!

## BUS SERVICE

We offer a convenient bus service to facilitate your team's participation in our outdoor team building activities. We can arrange pick-up and return at your office.

Orientative price: The cost for the bus service is €18 per person + VAT.

## LUNCH CATERING OPTIONS

As the best way to conclude our adventure we take a hearty lunch or dinner at one of the charming restaurants nestled close to our activity area. It's a chance to unwind, reflect on our experiences, and strengthen the bonds forged throughout the day's adventures.

Our lunch and catering options feature a wide array of options crafted from locally sourced ingredients, showcasing the region's vibrant culinary heritage and diverse modern reality. Partnering with local producers and restaurants, we prioritize sustainability and authenticity. Additionally, we proudly collaborate with social projects, ensuring that our menu offerings include health-conscious and socially responsible food choices.

Example of catering for a group of 20 to 40 people:

TWO COURSE SET MENU + DESSERT + WATER BREAD AND WINE \*VEGAN OPTION AVAILABLE

## EXAMPLE PACKAGE PRICING

GROUP OF 40 PEOPLE

1 ACTIVITY + CATERING + BUS

120€ + VAT (21%) PER PERSON\*

\*ORIENTATIVE PRICE.

ASK FOR A QUOTE TAILORED TO

YOUR ORGANIZATION AND NEEDS!



# ALTERNATIVE PROPOSALS TAILORED TO DIFFERENT GROUP SIZES

We are happy to accommodate your team's needs to create customized plans that ensure a memorable experience. Our suggestions, based on various team sizes, adapting to different objectives of your organization. We can easily blend in our activities in case you have a several days team retreat.

## EXECUTIVE TEAMS (5-8 PEOPLE)

Enhance team synergy and leadership dynamics through immersive outdoor experiences. Outdoor activities are designed to foster collaboration, problem-solving, and strategic thinking. Options may include outdoor leadership challenges, canyoning, via ferrata, rock climbing, orienteering adventures, or team-building hikes in scenic locales.

Outdoor activities can be followed by a gourmet lunch or dining experience amidst nature's beauty. This setting offers an ideal backdrop for reflective discussions and relationship building among team members.

## SMALL GROUPS (10-30 PEOPLE)

Foster team cohesion and collaboration among management teams and small work groups. Participants engage in joint activities such as via ferrata, climbing, orienteering circuit, aquatic trekking, or hiking at an easy level.

After the activity, the team can enjoy a delicious lunch at a mountain refuge or local restaurant with a tasting of local wines, providing an opportunity for informal networking and relaxation.

## WORKING GROUPS (30-80 PEOPLE)

Cater to departments, and medium-sized organizations, offering a variety of activities for team engagement. Participants can choose one activity among different options such as via ferrata, climbing, orienteering circuit, water trekking, or hiking, followed by lunch at a nearby restaurant.

## LARGE SCALE EVENTS (100-200 PEOPLE)

Offer a comprehensive team-building experience for large organizations, suitable for family- or sport- days.

Participants choose their preferred option between 3 to 4 different outdoor adventure options, such as via ferrata, climbing, orienteering circuit, water trekking, or hiking, followed by a family meal such as a large paellada, barbecue, calçotadas, or meat and vegetable stews.



# TERMS

## PAYMENT TERMS

First payment: Upon acceptance of the budget proposal, 65% of the total event cost is required to confirm your reservation and secure your participation.

Final payment: the remaining balance of 35% is due one week before the scheduled date of the event.

## CANCELLATION POLICY AND ADVANCE REIMBURSEMENT

In case of unsuitable weather conditions, we are committed to adapting our activities to ensure the safety and enjoyment of all participants. Lunch will be provided inside the venue. During the planning process, we allocate an alternative day by default to accommodate for potential adverse weather conditions that make the realizations of the activities impossible. In case no further alternative dates are suitable for you the following policy avails.

### CANCELLATION TIMELINE AND REIMBURSEMENT

#### FROM ACCEPTANCE OF THE PROPOSAL UNTIL 15 DAYS BEFORE THE EVENT

If cancellation occurs during this period, an 80% reimbursement of the advance will be provided. The remaining 20% accounts for management costs and the arrangement of dates.

#### BETWEEN 15 DAYS BEFORE AND 1 WEEK BEFORE THE EVENT

Cancellations made within this timeframe will result in a 50% reimbursement of the total advance. This percentage accounts for incurred expenses such as preparation of activities, reservation of human resources, and various logistical arrangements.

#### AFTER SECOND PAYMENT - 1 WEEK BEFORE EVENT

Once the final payment has been made (one week before the event), cancellation will result in a 20% reimbursement of the total amount paid. This portion covers expenses related to the availability of dates, reservation of human resources, preparation of activities, and other incurred costs.



See you in the  
outdoors!



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